

AT THE BEGINNING "I BREATHE": FREE PNEUMOLOGISTS AND SPIROMETERS FOR OVER 65 YEARS

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La Bpco (Broncho, chronic obstructive pulmonary disease) is one of the most prevalent respiratory diseases, so the WHO estimates that by 2020 it will be the third leading cause of death and the fifth cause of disability worldwide.

In Italy, respiratory diseases are the third most frequent cause of death after cardiovascular and oncological diseases. To inform people about respiratory disease and the importance of prevention, the Io Respiro campaign is born for over 65s.

It is promoted by the Center for Health Economics in collaboration with Senior Italia FederAnziani, Fimmg, in collaboration with Science Sip / Irs and Ethesia and thanks to the contribution of Menarini. It was presented at the CosmoSenior event in Rimini

. The campaign involves the construction of conferences with pulmonologists in the social centers for the elderly, which illustrate the importance of a proper lifestyle and how to learn to recognize the symptoms of respiratory disease. During the conferences a questionnaire will be sent to the participants in order to determine the level of awareness. In hundreds of older centers throughout Italy, a mass screening is being carried out, involving the creation of ten thousand spirometers with qualified personnel. On the basis of this sample, a major epidemiological study is carried out in collaboration with the Italian Society of Sip / Irs Pneumology and the Research Center for Geriatric Pneumology



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. "Senior Italia conducted a pilot with 739 using spirometry, which found that 1

9.9% of those involved showed mild or moderate obstacles – said Roberto Messina, president of Italy's Italy, FederAnziani – in the second phase of the survey, 9,979 were other spirometers confirming the data (20.2%), far more than that indicated in the literature, therefore, the decision to continue to investigate the health status of the population in the respiratory area. The diagnosis of Bpcc is now underestimated in Italy, precisely because patients their doctor Inform the doctor too late and because he does not use spirometry much. "

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