



The 'I breathe', pulmonologists, and spirometry and free to over 65

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Copd (Bronchus chronic obstructive pulmonary disease) is a respiratory disease, the most widespread, so much so that the Who estimates that, in 2020, will become the third leading cause of death and fifth leading cause of disability worldwide

In Italy, respiratory diseases represent the third cause of death after cardiovascular disease and cancer.

To inform people about respiratory diseases and the importance of prevention, was born in the countryside, I Breathe for those over 65. It is sponsored by the Center for Studies of Health Economics in collaboration with the Senior Italy FederAnziani, Fimmg, with the scientific collaboration of the Sip/Irs and Ethesia and thanks to the contribution of Menarini. And' was presented in the framework of the event CosmoSenior in Rimini.



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The campaign foresees the realization of conferences with pulmonologists within the social centres the elderly, which will be illustrated the importance of correct life styles and learning to recognize the symptoms of respiratory diseases. In the course of the convention will be submitted to the participants a questionnaire to understand the level of awareness. And in hundreds of senior centers across Italy will be made for a screening mass with the realization of 10 thousand spirometry with specialized personnel. On the basis of this sample will be made of a large epidemiological study, with the collaboration of the Italian Society of Pneumology Sip/Irs and the Centre for Research of Pulmonary Geriatric Ethesia. "Senior Italy carried out a pilot project with 739 spirometry tests which showed that 19.

9.9% of the people involved showed obstruction with mild or moderate – said Roberto Messina, President of the Senior Italy FederAnziani – In the second phase of the investigation has been conducted other 9.

9.979 spirometry tests that have confirmed the data (20,2%), well above that reported in the literature.

Hence, the decision to continue to investigate the status of the health of the population in the field of respiratory. The diagnosis of Bpcp is today underestimated in Italy, precisely because the patients tell late, the symptoms to your doctor, and because the latter makes little use of spirometry". .(ANSA). ..

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